



Are you feeling desperate, alone or hopeless? Call the National Suicide Prevention a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Your call will be routed to the nearest crisis center to you.

Please call
1-800-273-TALK

On the web:

www.suicidepreventionlifeline.org/

**TO REPORT A SUICIDE OR
SUICIDE ATTEMPT CALL**

911

This brochure is compliments of the
**TODD WAITE LEGACY
FOUNDATION**
for suicide awareness

Our mission is to spread suicide information and awareness to: churches, first responders, foster parents, funeral homes, the media, medical professionals, military veterans, police departments, retirement homes, schools, suicide victims, survivors of suicide, the workplace, and anyone or anyplace else that can benefit from our information.

FREE Downloadable Information
is available at our website -

www.twlf4suicideawareness.com
TO HELP US SPREAD THE WORD PLEASE
DONATE TO OUR FOUNDATION.

Donations are accepted at any

Option1 Credit Union

Or online through **PAYPAL** to
aigritter@gmail.com

For more brochures email us at
twsuicideawareness@comcast.net

Visit our Facebook page at
www.Facebook.com/twlegacyfoundation

**HAVE YOU BEEN
TOUCHED BY
SUICIDE?**

**You don't have to suffer
alone.**

**THERE IS HELP IN THE
WEST MICHIGAN AREA.**

This brochure lists
people, places, and
organizations
that will give you

**HELP, COMFORT, RELIEF,
SUPPORT, STRENGTH,
HOPE, UNDERSTANDING**

Blessed are those who mourn
for they will be comforted

Matthew 5:4

There are meetings in the West Michigan area for Survivors of Suicide.

West Michigan Survivors of Suicide Support Group Meetings are held:

• GRAND RAPIDS

second Thursday/each month
7:00–8:30 p.m.
Sept - May
Park Congregational Church
10 E. Park Place N.E.
downtown, off Fulton St.
use Ransom St. entrance

June, July & August
St. Mark's Episcopal Church,
134 N. Division Ave., N.

• HOLLAND

first Thursday/each month
6:30–8:00 p.m.
Hospice House
445 104th Ave. at Mason Ave.

For more information about West Michigan Survivors of Suicide call Jim Sailors at 616-945-3466 or visit their website at www.angelfire.com/mi2/westmisos

PLACES TO CALL FOR HELP

B.R.A.I.N.S.

616-365-8920
www.brainspotential.com

Faith Hospice of Grand Rapids

Bereavement

616-235-5122
www.faithhospicecare.org

Forest View Hospital

616-942-9610
www.forestviewhospital.com

Grand Rapids Home for Veterans

1-800-642-4838
www.michigan.gov/dmva/0,4569,7-126-2362_2749---,00.html

Healthy Kent 2020

616-632-7281
www.healthykent.org

Hospice of Holland

616-396-2972
www.hollandhospice.org

Hospice of N. Ottawa

616-396-4377 (press 3)
www.noch.org

Mental Health Foundation

616-389-8601
www.themhf.org

PLACES TO CALL FOR HELP (cont.)

Network 180

1-800-749-7720
www.network180.org

Pine Rest Christian Mental Health Services

616-455-5000
www.pinerest.org

Starlight Ministries

616-212-1999
www.starlightmin.org



Help make suicide awareness more visible in our community by joining the Out of the Darkness Community Walk
Contact: Vicky Schroeder
Phone: 616-293-6714
E-mail Address: vschroeder49@yahoo.com